

International Journal of Gerontology

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CME for 17.2

- 1. According to the report in this issue, regarding the anemia in the elderly, which of following statement is **WRONG**?
 - (A) Hemoglobin 12.5 g/dL in men may have an increased risk of mortality
 - (B) Hemoglobin 12.5 g/dL in women may have an increased risk of mortality
 - (C) Hemoglobin levels are still associated with mortality after excluding the participants with a history of cardiovascular disease.
 - (D) Hemoglobin levels are still associated with mortality after excluding the participants with a low body mass index (< 18.5 $\rm g/m^2$)
 - (E) Hemoglobin levels are still associated with mortality after excluding the participants who died within 3 years (< 18.5 g/m^2)
- 2. According to the report in this issue, the impact of hemoglobin on the mortality was not significantly affected by following factors **EXCEPT**:
 - (A) Age
 - (B) Gender
 - (C) History of cardiovascular disease
 - (D) Metabolic syndrome
 - (E) Body mass index
- 3. According to the report in this issue, which of the following descriptions regarding falling mechanism is **WRONG**?
 - (A) According to the Japanese Cabinet Office, falls and fractures have increased by more than 3% from 2009 to 2019
 - (B) Humans obtain approximately 80% of the necessary information from vision, and thus, poor eyesight impairs balance and increases the risk of falls
 - (C) When performing dual task activities, the attention distribution function of the frontal association area is necessary
 - (D) The amount of attention resources available decreases with age
 - (E) Toe heights during the dual task and those during the single task were not significantly different

- 4. Which of the following statements in the elderly is <u>MOST</u> <u>CORRECT</u>?
 - (A) Phase angles can effectively predict locomotive syndrome
 - (B) Phase angles can effectively predict malnutrition
 - (C) Phase angles can effectively predict co-existence of locomotive, malnutrition, and sarcopenia
 - (D) The higher the density of the muscle, the larger the phase angle
 - (E) All of the above
- 5. Which of the following statements in the elderly is **WRONG**?
 - (A) Chronic atrial fibrillation has a high prevalence in the elderly, but it can also occur in the younger people
 - (B) MRI may also help in the diagnosis of Alzheimer's dementia and have a good correlation with Mini-Mental State Examination (MMSE)
 - (C) CAR T-cell therapy is an emerging useful modality for EBVassociated hematopoietic malignancies
 - (D) From the systemic review, combined exercise and psychological intervention seemed to have similar effect to the exercise intervention alone in patients who underwent total knee arthroplasty
 - (E) Low back pain occurrence in the elderly during Covid-19 pandemic was associated with the decreased frequency of going outdoors

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Volume 17 Issue 1 Answers:

- 1. (E)
- 2. (C)
- 3. (B)
- 4. (E)
- 5. (B)